



The Royal Guidelines

A warm and clear space for embodied connection

You are Welcome Here

Welcome to the Temple

This is a space to explore connection with yourself, others and life. Rooted in presence, safety and consent, we create together. Every body, every story, every pace is welcome here.

The Seven *Royal* Principles

I

You are the creator

You shape your experience. Follow your inner guidance. Feel into your Yes and your No, and trust them. Show up with presence, honesty and an open heart.

II

Energy leads

Sexual energy is the heart of the work, the life force we are learning to feel, hold and follow. Let what is alive in you give direction. Presence creates safety.

III

Royal intimacy

We invite sensuality, play, energetic lovemaking, conscious touch. Kissing is welcome. No penetration. No sexual acts. Stay with sensation, connection and curiosity.

IV

Consent is our love language

Share your desires and your boundaries without holding back. Every interaction begins with clear agreement. A No is a full sentence. No explanation needed. You can show your No with a Namaste from the heart. It is honored immediately.

V

Yes is only for now

You can change your mind at any moment. Slowing down or stopping is always welcome. Follow your body's wisdom.

VI

Presence, not performance

The work is a felt sense of aliveness, not performance. Stay aware of the whole, the field we create together. We hold each other in safety.

VII

What happens here, stays here

Share your own story, without naming others. What is shared here is held here.

Always remember

We are here for you. *Spaceholders are present the whole evening to offer support and hold you in your process whenever needed. Feel free to reach out for anything.*

Remember

Presence. Truth. Inner Leadership.

Thank you for being here.

We are walking this path together.

Welcome Home

The House of Royal Hearts

A living community

